



SUPERPOWERS

Humanity



Both Loving & Being Loved
Valuing Close Relationships with Others

Love

Superpower Mantra: **I am warm and a great listener!**

Virtue: Humanity

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Niceness
Nurturance Altruism Care & Compassion Generosity

Kindness

Superpower Mantra: **I am helpful and caring!**

Virtue: Humanity

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Aware of the Motives/Feelings of Self/Others
Knowing What Makes Other People Tick

Social Intelligence

Superpower Mantra: **I get you and understand your needs!**

Virtue: Humanity

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SUPERPOWERS

Justice



Citizenship
Social Responsibility Loyalty

Teamwork

Superpower Mantra: **I love to work side-by-side with others!**

Virtue: Justice

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Organizing Group Activities
Encouraging a Group to Get Things Done

Leadership

Superpower Mantra: **I love to organize activities and guide my fellow peeps!**

Virtue: Justice

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Just
Not Letting Feelings Bias Decisions About Others

Fairness

Superpower Mantra: **I treat people the way I want to be treated!**

Virtue: Justice

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SUPER POWERS

Courage

Enthusiasm
Feeling Alive
Vitality ⚡
Energy
Vigor ⚡



Superpower Mantra


Let's Do this!

Virtue: Courage

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Integrity ⚡
Authenticity
Truthful ⚡



Superpower Mantra

I tell the truth (almost) all the time!

Virtue: Courage

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Speaking Up For What's Right ⚡
Not Shrinking From Fear
Valor




Superpower Mantra

No fear for me!

Virtue: Courage

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Finishing What One Starts ⚡
Hardworking
Persistence



Superpower Mantra

I don't give up!

Virtue: Courage

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SUPERPOWERS

Transcendence

Meaning
Faith Purpose
Truth

Spirituality

Superpower Mantra

I look for what's sacred in each moment!

Virtue: Transcendence

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Awe
Wonder Elevation

Appreciation of
Beauty & Excellence

Superpower Mantra

I find beauty in nature, art, ideas and people!

Virtue: Transcendence

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Expressing Thanks
Thankful for the Good
Feeling Blessed

Gratitude

Superpower Mantra

I tell myself and others "thank you" often!

Virtue: Transcendence

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Optimism
Future-Mindedness
Future Orientation

Hope

Superpower Mantra

I'm positive, even when others are not!

Virtue: Transcendence

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Bringing Smiles to Others
Playfulness Lighthearted

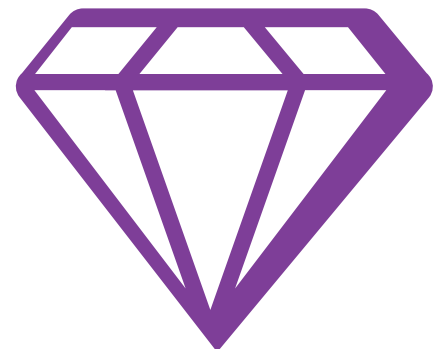
Humor

Superpower Mantra

I laugh a lot, with others!

Virtue: Transcendence

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SUPERPOWERS

Wisdom

Providing Wise Counsel
Wisdom Taking the Big Picture View

Perspective

Superpower Mantra: I give great advice!

Virtue: Wisdom

Exploration
Interest Openness Novelty-Seeking

Curiosity

Superpower Mantra: I ask questions. Lots of them!

Virtue: Wisdom

Mastering New Skills & Topics
Systematically Adding to Knowledge

Love of Learning

Superpower Mantra: I learn something from every situation!

Virtue: Wisdom

Ingenuity
Originality Adaptive

Creativity

Superpower Mantra: I do things in a different way!

Virtue: Wisdom

Critical Thinking
Open-Mindedness Thinking Things Through

Judgment

Superpower Mantra: I sniff out the details!

Virtue: Wisdom



SUPER POWERS

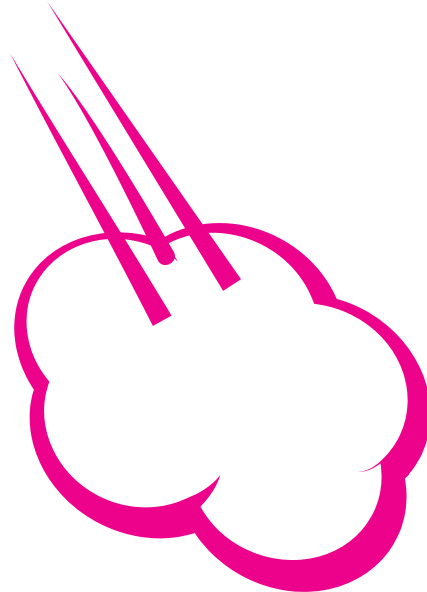
Temperance

Modesty
Letting One's Accomplishments Speak for Themselves

Humility

Superpower Mantra: **I pay attention to others, not myself!**

Virtue: Temperance



Mercy
Accepting Others' Shortcomings
Giving People a Second Chance

Forgiveness

Superpower Mantra: **Let it Go!**

Virtue: Temperance

Careful
Cautious
Not Taking Undue Risks

Prudence

Superpower Mantra: **I think before I act!**

Virtue: Temperance

Disciplined
Managing Impulses & Emotions
Self-Control

Self-Regulation

Superpower Mantra: **I manage my feelings!**

Virtue: Temperance